# DO YOU KNOW A CHILD Experiencing Grief?





Valerie's House is here to help. We offer peer grief support groups at schools, as well as at Valerie's House, to provide a safe space for children to work through the loss of a loved one-together.

### What Happens in a Valerie's House Peer Grief Support Group?

Children build meaningful connections with others their own age who are also navigating grief. Through creative activities like art and play, Valerie's House can help them express their emotions, heal, and develop lifelong coping skills.

### What Do We Talk About?

Valerie's House groups create a supportive environment where children can share memories, understand grief, tell their personal stories, build strong support systems, and discover ways to make meaning out of their loss. Most importantly, they find hope.

### Who Is Able To Participate?

Any child who has lost someone close can participate in a schoolbased peer support group. We also have groups in the evenings at our Lee, Collier or Charlotte County location for children who have lost a parent or sibling, and their caregivers. Every child deserves the chance to heal alongside others who understand their journey.

### How Do You Request a Peer Support Group at Your Child's School?

Speak with your school counselor or social worker about bringing Valerie's House peer support groups to your school. If a group isn't already available, the Valerie's House team will discuss with the school to determine if hosting a group is possible on campus.

#### Does Your Family Want To Attend Groups at Our Fort Myers, Naples or Punta Gorda Location?

Valerie's House offers peer grief support groups in the evenings for children ages 5-18 who have experienced the loss of a parent or sibling. Peer grief support groups are also available for the caregiver in the children's life, including those who have lost a spouse or a child. To learn more, call Family Support Specialist, Jill Taylor at 239-391-3414.

### TOGETHER, WE CAN MAKE SURE NO CHILD HAS TO GRIEVE ALONE.

Call your school or Valerie's House today and help bring support to children who need it most!



Valerie's House, Inc. FORT MYERS • NAPLES • PUNTA GORDA www.valerieshouse.org **FORT MYERS** 3551 Valerie's House Way, Fort Myers, FL 33916

> **NAPLES** 819 Myrtle Terrace, Naples, FL 34103

**PUNTA GORDA** 233 East McKenzie Street, Punta Gorda, FL 33950

The mission of Valerie's House is to help children and families work through the loss of a loved one together and go on to live fulfilling lives.

## **Flyer Summary**

Title: Valerie's House School Support Group Flyers for Grieving Children and Farr

**Summary:** Valerie's House offers free peer grief support groups for children who have experienced the loss of a loved one. These groups take place in schools and at Valerie's House locations in Fort Myers, Naples, and Punta Gorda.

What the Program Offers:

Safe, age-appropriate spaces where kids can express their grief.

Activities like art and play to help children open up and heal.

Discussions about memories, coping, and making meaning from loss.

Who Can Join:

Any grieving child can participate in school-based groups.

Evening groups are available at Valerie's House locations for children (ages 5–18) who have lost a parent or sibling, along with support groups for their caregivers.

How to Get Involved:

Talk to your school counselor or social worker to bring Valerie's House groups to your Chinaring these materials does not imply endorsement by Collier County Public Schools. The purpose of Community Flyers is to connect CCPS families with out-of-school-time community activities and opportunities.

To attend location-based groups, contact Jill Taylor at 239-391-3414.

Mission: Valerie's House exists to ensure no child has to grieve alone, beloing