



# Volunteer Opportunities!



Teaching sustainable ways for all ages to incorporate homegrown food and farming into everyday life.

# What is Empowerment Farm?

## Empowerment Farm is not just a place, it's a mindset.

With a diverse range of opportunities for people of all ages and interests, our programs offer a peaceful encounter with nature, and with each other.

Our vision is to cultivate a stronger community by planting seeds of empowerment, compassion, and self-reliance. By offering programs designed to educate and inspire a healthy lifestyle through sustainable farm-based practices we believe we will enrich the lives of our participants and our community.



## What Can I do as a Volunteer?

We have multiple opportunities for volunteers:



### Morning Animal Routine

- Only offered in the mornings (7:45 am start)
- Feeding and Cleaning animal Enclosures
- Some scheduled animal maintenance events (hoof trims, tortoise walks, rabbit bonding)
- Takes place everyday



### Grounds Maintenance and Gardens

- Watering and weeding gardens
- Mulching and composting
- Mowing and weed eating
- Planting and sowing seeds
- Takes place everyday



### Program Volunteers

- Assisting with programs on and off the premise
- Helping to chaperone
- Helping with program preparations and cleanup
- These are scheduled, and we will reach out to volunteers as needed.
- Most programs will involve Children ages 5 to 15.



### Event Volunteers

- Volunteering to assist during our events.
- Chaperoning, set up, take down, parking and event activity assistance (face painting, sales in the market or at concessions, etc.).
- These are scheduled, and typically have volunteer days where we are preparing items in advance as well as needing assistance the day of. We will reach out to volunteers as needed for events.





# Volunteers: Things to Know

We Love our volunteers! We absolutely would not be where we are today without them. This is why we do our best to offer different areas for volunteers to help in. Regardless of the area, please keep in mind that we are growing a farm and therefore most of our activities are outside. In addition to this, animals can be unpredictable. The below items are highly recommended to keep you comfortable and safe while volunteering.

## What to Bring and Wear:

- Closed toe shoes are required. Tennis shoes, hiking boots, or muck boots are suggested. An extra pair of socks and slides to change into can be helpful in case your shoes get wet.
- If you are volunteering on a rainy day and plan on working in the garden or with the animals, bring a rain jacket and waterproof shoes or rain boots.
- A water bottle (we have filtered water for refills).
- If you have long hair, bringing a hair tie to put your hair up.
- We have sunscreen and bug spray, but if you have sensitive skin you may want to bring your own.
- Check the weather on days you volunteer - on hot days you may want a change of clothes or on cold days you may want to bring a jacket. We have showers on premise that can be used at the end of the day to rinse off.
- If you plan on being at the farm for a couple of hours or more, you may want to pack a snack. We have refrigerators if your food item needs to be kept cool, we also have a microwave.

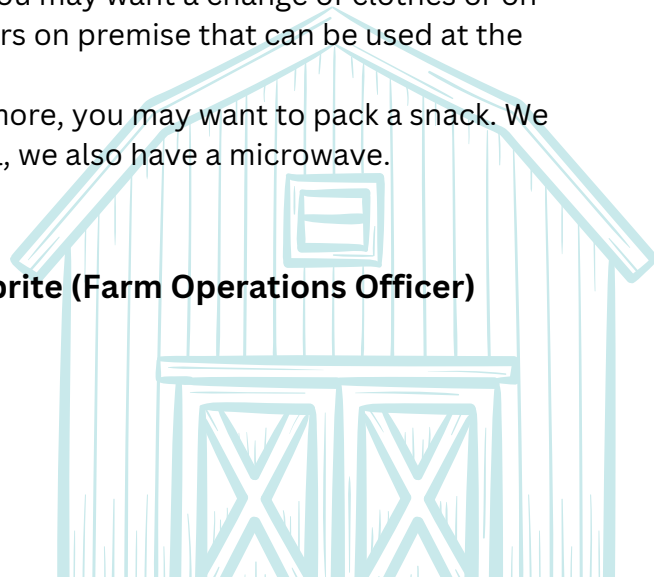
## Learn more and get started:

**Tiffany Lehman (Founder/ President) or Ashleigh Ebrite (Farm Operations Officer)**

**239.330.2777**

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# Flyer Summary

**Title:** Volunteer at the Farm-Learn, Help, Grow.

**Summary:** We are a non-profit organization that provides agriculture experiences on a working farm, serving the Naples community. We aim to cultivate a stronger community by planting seeds of empowerment, compassion, and sustainability through farm-based activities. We're currently offering meaningful volunteer opportunities for high school students who are looking to complete community service hours—especially those working toward Bright Futures Scholarships. Including animal routine, gardening, etc.

**URL:** [EmpowermentFarm.org](http://EmpowermentFarm.org)

**Company:** Empowerment Farm

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