



APPLICATIONS ARE NOW OPEN



HIGH SCHOOL PROGRAM

A transformative 5-month journey where high school girls develop leadership, resilience, and inner strength through personal growth, fitness challenges, and thrilling outdoor adventures.



- 🌲 High School Girls
- 🌲 Weekly Meetings Starting in January
- 🌲 Backpacking Expedition in June
- 🌲 Cost \$3,250\*
- 🌲 Apply by 12/1/25

\*Scholarships Available



**Join us for an  
Open House**

OCTOBER 30  
NOVEMBER 20

**5:00 PM**

6240 SHIRLEY ST. #204  
NAPLES, FL 34109



[www.wellfitgirls.org](http://www.wellfitgirls.org) | 239.438.1079 | [alivia@wellfitgirls.org](mailto:alivia@wellfitgirls.org)

09.10.25

# Flyer Summary

**Title:** Wellfit Girls High School Program

**Summary:** Application are now open for Wellfit Girls high school program. A transformative 5-month journey where high school girls develop leadership, resilience, and inner strength through personal growth, fitness challenges, and thrilling outdoor adventures.

**Event Start Date:** 12 Jan 2026

**Address:** 6240 Shirley Street

**URL:** <https://wellfitgirls.org/programs/summit-sisters/>

**Company:** Wellfit Girls Program SWFL, Inc.

**Email:** [natalie@wellfitgirls.org](mailto:natalie@wellfitgirls.org)

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