

MENTAL HEALTH FIRST AID TRAINING

ADULT AND YOUTH

LEARN HOW TO:

ASSESS

Identify common signs and symptoms of mental health challenges



INTERACTION

How to interact with a person in crisis



SUBSTANCES

Common signs and symptoms of substance use challenges



RESOURCES

How to connect a person for help or support



WHEN:

ADULT MHFA

9:00am-4:00pm
Monday, February 23rd, Virtual

YOUTH MHFA

9:30am-3:00pm
Friday, March 20th, Virtual

YOUTH MHFA

9:30am-3:00pm
Friday, April 17th, North Collier
Regional Park

ADULT MHFA

9:00am-4:00pm
Friday, April 24th, St. Matthew's
House - Empowerment Hub

**OPEN TO THE PUBLIC,
REGISTRATION REQUIRED.**

For more information, please e-mail:
dlceducates@dlcenters.org



Flyer Summary

Title: Free Youth Mental Health First Aid Training

Summary: Free upcoming Mental Health First Aid Trainings:

- Adult MHFA, 9:00am-4:00pm, Monday, February 23rd, Virtual
- Youth MHFA, 9:30am-3pm, Friday, March 20th, Virtual
- Youth MHFA, 9:30am-3pm, Friday, April 17th, North Collier Regional Park
- Adult MHFA, 9:00am-4:00pm, Friday, April 24th, St. Matthew's House - Empowerment Hub

Contact DLCEducates@dlcenters.org for additional information.

URL: <https://davidlawrencecenters.org/events/>

Company: David Lawrence Centers for Behavioral Health

Email: haileydls@dlcenters.org

*These flyers are shared for informational purposes and do not represent District-sponsored or District-supervised events.
Sharing these materials does not imply endorsement by Collier County Public Schools.
The purpose of Community Flyers is to connect CCPS families with out-of-school-time community activities and opportunities.*

