

FREE **FITNESS POPUP**

AUGUST 22ND | BONITA SPRINGS

8AM | COMMUNITY RUN/WALK (2MI)

BONITA RUN CLUB, PARK RATS RUN CLUB, VANDY RUN CLUB

8:45AM | HIIT

WITH SWEAT440

9:30AM | PILATES OR YOGA

WITH A LOCAL INSTRUCTOR

10:15AM | DANCE FITNESS

WITH MICHELLE THOMPSON

11AM | BARRE

WITH SHE'LL RISE

8AM-12PM VENDOR MARKET AND FOOD TRUCKS!

FREE

**OPEN PLAY
&
LESSONS**

**VOLLEYBALL, PICKLEBALL,
BASKETBALL, KICKBALL**

VOLLEYBALL & PICKLEBALL



SIGN UP NOW!

ELEVATEOURCOMMUNITIES.COM

**28120 RACE TRACK RD
BONITA SPRINGS, FL 34135**



Flyer Summary

Title: 8/22 Free Sports & Fitness Pop-Up Bonita Springs

Summary: Join Elevate SWFL for a FREE morning of fitness, volleyball, pickleball, basketball, and kickball! Enjoy a community run/walk, HIIT, Pilates or Yoga, Dance Fitness, and Barre, plus beginner volleyball and pickleball lessons, open play, local vendors, and food trucks. Come for one activity or stay all morning. All ages and fitness levels are welcome!

Event Date: 22 Aug 2026

Address: 28120 Race Track Rd

URL: <https://drive.google.com/file/d/1SK5rlNwapXhR53jJrBoUhoosFSBQjz1c/view>

Company: Elevate SWFL

Email: info@elevateourcommunities.com

*These flyers are shared for informational purposes and do not represent District-sponsored or District-supervised events.
Sharing these materials does not imply endorsement by Collier County Public Schools.
The purpose of Community Flyers is to connect CCPS families with out-of-school-time community activities and opportunities.*

